



Karate International Class Schedule:

Effective 1/1/2022

Monday:

- 4:00pm-4:45pm Youth Foundational Skills (*White-Orange Belts*)
- 5:00pm-5:50pm Youth Enhanced Skills (*Advanced Orange-Green Belts*)
- 6:00pm-6:50pm Teen Open
- 6:00pm-7:00pm Adult Kung Fu
- 7:00pm-8:00pm Adult Kenpo
- 8:00pm-8:30pm Adult Kali

Tuesday:

- 4:00pm-4:45pm Youth Foundational Skills (*White-Orange Belt*)
- 5:00pm-5:50pm Youth Advanced Skills (*Advanced Green-Junior Black Belt*)
- 6:00pm-6:50pm Teen Open
- 7:00pm-8:00pm Adult Sento Reality Martial Arts

Wednesday:

- 4:00pm-5:00pm Junior Varsity
- 5:00pm-6:00pm Varsity
- 6:00pm-7:00pm Adult Sento Reality Martial Arts
- 7:00pm-8:00pm Adult Yoshitsune Combat Ju Jitsu

Thursday:

4:00pm-4:45pm Youth Foundational Skills (*White-Orange Belts*)

5:00pm-5:50pm Youth Advanced Skills (*Advanced Green-Junior Black Belts*)

6:00pm-6:50pm Teen Open

7:00pm-8:00pm Adult Kenpo

8:00pm-8:30pm Adult Kali

Friday:

4:00pm-4:45pm Youth Foundational Skills (White-Orange Belts)

5:00pm-5:50pm Youth Enhanced Skills (Advanced Orange-Green Belts)

6:00pm-7:30pm KI Community Groups

Saturday:

9:00am-10:00am Adult Kenpo

10:00am-10:50am Youth Open (all belts)

11:00am-11:50am Teen Open